



Monthly Timetable for Pujas and events at Ashoka Buddhist Centre April 7th to May 4th 2008



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>7 7.15am – 8.15am Dakini Yoga</p> <p>1pm - 2pm Lunchtime class 6pm Tara puja</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>8 7.15am – 9.00am Quick Path</p> <p>6pm Liberation from Sorrow</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>9 7.15am – 9.00am Quick Path</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>10 7.15am – 9.00am Offering to the Spiritual Guide</p> <p>4.30pm – 5.15pm Heart Jewel</p> <p>7.00pm – 8.30pm General Programme with Gen Lekma</p>	<p>11 7.15am – 8.30am Wishfulfilling Jewel</p> <p>1pm – 2pm Lunchtime class</p>	<p>12 Fasting Retreat 6.30am – 7.15am Precepts</p> <p>7.30am – 9am Session 1</p> <p>10.30am-12noon Session 2</p> <p>3pm – 4.30pm Session 3</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel with Tsog</p>	<p>13 Fasting Retreat 6.30am – 7.15am Precepts</p> <p>7.30am – 9am Session 1</p> <p>10.30am -12noon Session 2</p> <p>3pm – 4.30pm Session 3</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel with Tsog</p>
<p>14 7.15am – 8.15am Dakini Yoga</p> <p>10am Sojong Ceremony</p> <p>1pm - 2pm Lunchtime class</p> <p>6pm Tara puja</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>15 7.15am – 9.00am Quick Path</p> <p>4.30pm – 5.15pm Heart Jewel</p> <p>7.30pm – 9.15pm Buddha's Enlightenment Day – Offering to the Spiritual Guide</p>	<p>16 7.15am – 9.00am Quick Path</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>17 7.15am – 8.15am Dakini Yoga</p> <p>4.30pm – 5.15pm Heart Jewel</p> <p>7.00pm – 8.30pm General Programme with Gen Lekma</p>	<p>18 7.15am – 8.30am Wishfulfilling Jewel</p> <p>1pm - 2pm Lunchtime class</p>	<p>19 9am – 11am, 11.45am -1.45pm Foundation Prog. with Gen Lekma</p> <p>3.30pm – 4.30pm Wishfulfilling Jewel with Tsog</p>	<p>20 7.15am Heart Jewel 10.30pm – 12noon Meditate for World Peace with Gen Lekma</p> <p>12noon – 2pm World Peace Cafe</p> <p>7.30pm - 9.30pm Quick Path</p>
<p>21 7.15am – 8.15am Dakini Yoga</p> <p>12.15pm - 1pm Lunchtime class 1pm Light lunch 6pm Tara puja 7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>22 7.15am – 9.00am Quick Path</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>23 7.15am – 9.00am Quick Path</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>24 7.15am – 8.15am Dakini Yoga</p> <p>4.30pm – 5.15pm Heart Jewel</p> <p>7.00pm – 8.30pm General Programme with Gen Lekma</p>	<p>25 7.15am – 9.00am Offering to the Spiritual Guide</p> <p>12.15pm - 1pm Lunchtime class 1pm Light lunch</p>	<p>26 9am – 11am, 11.45am-1.45pm Foundation Prog. with Gen Lekma</p> <p>3.30pm – 4.30pm Wishfulfilling Jewel with Tsog</p>	<p>27 7.15 Heart Jewel 10.30pm – 12pm Meditate for World Peace with Gen Lekma</p> <p>12noon – 2pm World Peace Café</p> <p>(White Tara Empowerment in Exeter all day)</p>
<p>28 7.15am – 8.15am Dakini Yoga</p> <p>12.15pm – 1pm Lunchtime class 1pm Light lunch</p> <p>6pm Tara puja 7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>29 7.15am – 10.45am Melodious Drum</p>	<p>30 7.15am – 9.00am Quick Path</p> <p>10am Sojong Ceremony</p> <p>7.30pm – 8.45pm Wishfulfilling Jewel</p>	<p>1 7.15am – 8.15am Dakini Yoga</p> <p>4.30pm – 5.15pm Heart Jewel</p> <p>7.00pm – 8.30pm General Programme with Gen Lekma</p>	<p>2 7.15am – 8.30am Wishfulfilling Jewel</p> <p>12.15pm - 1pm Lunchtime class 1pm Light lunch</p>	<p>3 9am – 11am, 11.45am-1.45pm Foundation Prog. with Gen Lekma</p> <p>3.30pm – 4.30pm Wishfulfilling Jewel with Tsog</p>	<p>4 7.15am Heart Jewel 10.30pm – 12noon Meditate for World Peace with Gen Lekma</p> <p>12noon – 2pm World Peace Cafe</p> <p>7.30pm - 9.30pm Quick Path</p>